

# Useful Contacts

## Registrars of Births, Deaths and Marriages

You should contact a Registrar of Births, Deaths and Marriages to get a death certificate.

Registrars of Births, Deaths and Marriages,  
General Register Office,  
Government Offices,  
Convent Road, Roscommon.

[www.civilregistrationservice.ie](http://www.civilregistrationservice.ie)

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## Child Benefit Section

Social Welfare Services Office,  
St. Oliver Plunkett Road,  
Letterkenny, Donegal.

[www.welfare.ie](http://www.welfare.ie)  
Tel: (074) 916 4491

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## Department Of Social Protection

Social Welfare Services,  
College Road, Sligo.

[www.welfare.ie](http://www.welfare.ie)  
Tel: (071) 915 7100  
LoCall: 1890 500 000

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## Information Services

You can contact Information Services if you need an information booklet, leaflet, or application form.

Information Services,  
College Road, Sligo.

[www.welfare.ie](http://www.welfare.ie)  
LoCall: 1890 500 000

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## Revenue Commissioners

Revenue services are provided from regional offices. You may need to tell them about anything you have received in a will.

Revenue Commissioners,  
National Capital Acquisitions Tax Information Unit,  
1st Floor, Central Revenue Information,  
Cathedral Street, Dublin 2.

[www.revenue.ie](http://www.revenue.ie)  
LoCall: 1890 20 11 04

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## The Probate Office

The Probate Office issues grants of probate and letters of administration. There are also 14 District Probate Registries.

The Probate Office,  
1st Floor, Phoenix House,  
15-24 Phoenix St. North  
Smithfield, Dublin 7.

[www.courts.ie](http://www.courts.ie)  
Tel: (01) 888 6174  
Fax: (01) 873 0306

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## Treatment Benefit Section

Social Welfare Services Office,  
St. Oliver Plunkett Road,  
Letterkenny, Donegal.

[www.welfare.ie](http://www.welfare.ie)  
Tel: (074) 916 4480  
LoCall: 1890 400 400

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## Citizens Information Board (CIB)

CIB have a free booklet, "Information for those affected by bereavement (2018)". It provides information on practical and legal matters following a bereavement including details on financial supports. Call, email or visit a local CIB centre.

[www.citizensinformation.ie](http://www.citizensinformation.ie)  
Tel: (0761) 07 4000

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## Pensions Authority (previously the Pensions Board)

The Pensions Authority (previously the Pensions Board) regulates occupational and personal pension schemes in Ireland, and can offer advice on the pension of a person who has died.

Pensions Authority,  
Verschoyle House,  
28-30 Lower Mount Street, Dublin 2.

[www.pensionsauthority.ie](http://www.pensionsauthority.ie)  
[info@pensionsauthority.ie](mailto:info@pensionsauthority.ie)  
Tel: (01) 613 1900  
LoCall: 1890 656 565

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## **Samaritans**

Samaritans provide confidential emotional support; you can ring their helpline anytime.

**[www.samaritans.org](http://www.samaritans.org)**

Free call: **116 123**

Text: **087 260 9090**

(standard text rates apply)

Email: **[jo@samaritans.ie](mailto:jo@samaritans.ie)**

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## **The Irish Association of Counselling and Psychotherapy**

To find an accredited counsellor or Psychotherapist, ask your family doctor or contact the Irish Association of Counselling and Psychotherapy

**[www.iacp.ie](http://www.iacp.ie)**

Tel: **(01) 230 3536**

Email: **[iacp@iacp.ie](mailto:iacp@iacp.ie)**

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## **Barnardos**

Barnardos offer a bereavement counselling service for children and young people who have lost someone close to them such as a parent or a sibling.

**[www.barnardos.ie](http://www.barnardos.ie)**

Tel: **(01) 473 2110**

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## **Anam Cara**

Anam Cara is a national voluntary organisation, offering online and face to face support services to bereaved parents following the death of a child regardless of age or circumstances of their death.

**[www.anamcara.ie](http://www.anamcara.ie)**

Tel: **(01) 404 5378** or **085 288 8888**

Email: **[info@anamcara.ie](mailto:info@anamcara.ie)**

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## **Financial assistance**

Your local citizen's information office will help you find out about financial, taxation, legal and social welfare issues following a death.

**[www.Citizensinformation.ie](http://www.Citizensinformation.ie)**

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## **Welfare Officer with the Health Service Executive (HSE)**

Contact your local welfare officer through your HSE Health Centre.

**[www.hse.ie](http://www.hse.ie)**

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## **The Irish Hospice Foundation**

IHF is a national charity dedicated to all matters relating to dying, death and bereavement in Ireland. Their vision is that no one will face death or bereavement without the care and support they need.

Tel: **01 679 3188**

**<https://hospicefoundation.ie/>**

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## **Money Advice and Budgeting Service (MABS)**

The Money Advice and Budgeting Service is a free, confidential service for people in debt or who are at risk of getting into debt.

You can contact the MABS Helpline on **0761 07 2000**, Monday to Friday, 9am to 8pm.

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